



House Regeneration

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WHY HOUSE REGENERATION FOR YOUR REHABILITATION NEEDS

Our program is set together in such a way that all avenues of life are addressed and every aspect leading to a prosperous life is made possible. ***That is why a year of your life is advised to ensure a firm Biblical foundation and a renewed mindset.***

For every year a student lived a destructive lifestyle they will need more or less 3-5 months of intensive therapy in an isolated environment to ensure healing. There are no quick fixes. Healing is a process and will start with the student's outward appearance changing, then very slowly the inner areas will be touched by the Holy Spirit as obedience is being practised.

REMEMBER:

- Every persistent good thought ***cancels*** a bad habit
- Every persistent bad thought ***creates*** a bad habit

WE TEACH INTESIVELY ON ALL ASPECTS OF:

- Interpersonal relationships, marriage, child handling, work ethics, friends, family, lies, integrity, character, truth, unity, trust, etc. We are born to connect. When we fail in our relationships everything falls apart.
- Body...your health, self-image, sexuality
- Your soul...your thoughts and choices are your place of winning or failing in life. Your thoughts will take you to your destiny, you make your choices then your choices make you
- Your Spirit...all about your intimacy with our Lord Jesus, God the Father, and the Holy spirit
- Everything connected to finances...your education, working habits and the way you spend and connect with money
- We have counsellors coming to visit once a week to give the students a chance to open their hearts and breath it out. Once they have the knowledge, they must meditate on it and make themselves prosperous

Josua 1:8 (KJV) This book of the law (instructions) shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou may observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

OTHER IMPORTANT ISSUES WE ADDRESS:

- Every 2nd Wednesday evening at 18h30 we have Zoom Meetings with sponsors and parents
- They need to learn new ways of handling the student, to prevent making previous mistakes ... so we use the opportunity to 'tell and teach' to ensure things change also at home
- Should they have a personal need for marriage counselling, depression, anxiety, etc., problems we are available to help as part of our program.
- For the girls we do 'tea' parties teaching them the girly things and being a lady, being a mom and their Biblical roll as a wife, we also address eating disorders, exercise, menstruation, and things we as woman struggle with
- The men do sport and weightlifting. During workstation we have oom Johan and oom Ben teaching general activities; paving, gardening, painting the buildings, guiding and loving them etc.
- We have a Tree of Hope WhatsApp Group where our previous students give testimony and from time to time come to testify and be of help
- ***For one year our students give everything to our Lord, do things His way and forget about the world***

1) **OUR PROGRAMME IS UNIQUE**

- We do not have patients, we have students. We are a Christian based Rehabilitation Centre that focusses on teaching a new way of life based on a biblical lifestyle and renewal of the mind. As such, we are the only Rehabilitation Centre that is also a Discipleship School
- Typically, programmes of this nature focus on the physical rehabilitation and range from 3 weeks to 3 months. Our one-year programme is developed for a true and lasting mind-set and lifestyle change.
- We don't replace one addiction with another. At House Regeneration, the student is weaned of all psychiatric or mood-altering drugs. We do not believe that drugs, even prescription medication, can heal. Our motto is plain and straightforward, **"Drugs kills, Jesus heals"**
- All our counselling is based on Biblical Therapy. Our counsellors work on addressing root problem areas, but they also establish the foundation to a true and real renewal of the mind (Rom 12:2)
- Our female and male students are split to allow the students to focus on recovery rather than establishing a co-dependency or another fleeting relationship as so often happens in rehabilitation programmes

2) **WELL ROUNDED PROGRAMME**

Our programme consists of three well established phases:

a. **TLC**

In this phase, the new students, still in their first six weeks are accommodated separately. They start out with a grace period allowing them to rest and find emotional stability before starting with the programme. For the next period, students need to complete certain tasks to qualify to move to Phase 2, which is Top House. TLC is intensive, offering students lots of "Tender-Loving-Care"

b. **TOP HOUSE**

Once a student completes the TLC phase of the programme, they are moved out to Top House. Here they enjoy a lot more freedom. Two (2) to four (4) students are allocated per room and the whole setup functions like a dormitory. Students have their own duties and allocated workstation tasks during the day. In this phase of the programme, students start receiving phone calls and on-site visits, progressing into day-out visits and then to one weekend a month visit at home

3) **WHY DO WE HAVE A GREATER SUCCESS RATE?**

- House Regeneration's program does not only physically detox the student. It enables a mind-set change and equips them for their new lives by teaching them a biblical lifestyle as well as strict discipline
- We provide three (3), 1-hour classes each day. These classes range from Biblical Foundation, lectured classes and video teachings by Dr Ado Krige focusing on topics, i.e., Biblical Therapy, Thinking Errors, etc.
- Each student is assigned to a Counsellor for three (3) months whereafter they rotate to new Counsellors. All our Counsellors use Biblical Therapy to guide the student in resolving deep routed issues or trauma. Intensive counselling allows for a lifestyle and mind-set change equipping the student for the future
- Our focus is not only on the student and our feedback to you regarding a student will always state the truth and the behaviour/attitude. Written reports can be made available upon request. We also encourage parents to join our bi-weekly Family Support Zoom Meetings where they can raise issues or ask questions. House Regeneration also offers the parents/sponsors or family members with the option of counselling to ensure the healing of the family unit as a whole
- The shorter programmes offer a quick solution and parents often resort to this option although we recommend the one-year programme
- We are often seen as a last stop before prison. Dr Ado Krige has walked this road himself and knows the mind of an addict as well as all the tricks of the trade. On this programme, the student will be forced to face reality and come to grips with him/herself, the damage done and how to move on by becoming a new creation in Christ. Remember **"The Truth shall set you free!!"**