



House Regeneration

Plot 358 Sakabuka Avenue
Derdepoort, Pretoria

Reg No.: 2010/063704/23

Phone: 087 702 3650
012 808 0527

E-Mail: info@hr7.co.za

WHY HOUSE REGENERATION FOR YOUR REHABILITATION NEEDS

1) OUR PROGRAMME IS UNIQUE

- We do not have patients, we have students. We are a Christian based Rehabilitation Centre that focusses on teaching a new way of life based on a biblical lifestyle and renewal of the mind. As such, we are the only Rehabilitation Centre that is also a Discipleship School
- Typically, programmes of this nature focus on the physical rehabilitation of the patient and range from three (3) weeks to three (3) months. Our one (1) year programme is developed for a true and lasting mind-set and lifestyle change. Assistance for shorter programmes can be arranged, but we recommend the one-year programme for lasting success
- We don't replace one addiction with another. At House Regeneration, the student is weaned of all psychiatric or mood-altering drugs. We do not believe that drugs, even prescription medication, can heal. Our motto is plain and straightforward, **"Drugs kills, Jesus heals"**
- All our counselling is based on Biblical Therapy. Our counsellors work on addressing root problem areas, but they also establish the foundation to a true and real renewal of the mind (Rom 12:2)
- Our female and male students are split to allow the students to focus on recovery rather than establishing a co-dependency or another fleeting relationship as so often happens in rehabilitation programmes

2) WELL ROUNDED PROGRAMME

- Our programme consists of three well established phases:
 - a. **TLC**

In this phase, the student is kept in isolation together with all new students. This area is equipped with recreation facilities for students. They start out with a grace period allowing them to rest and find emotional stability before starting with the programme. For the next 28 days, students need to complete certain tasks to qualify to move to Phase 2, which is Top House. This phase is quite intensive, offering students lots of "Tender-Loving-Care"
 - b. **TOP HOUSE**

Once a student completes the TLC phase of the programme, they are moved out to Top House. Here they enjoy a lot more freedom and they have free access to the farm. Two (2) to four (4) students are allocated per room and the whole setup functions like a dormitory (school hostel). Students have their own duties and allocated workstation tasks during the day. In this phase of the programme, students start receiving phone calls and on-site visits, progressing into day out visits and then to one weekend a month visit at home
 - c. **VAALWATER**

Once a student has progressed and healed sufficiently, they go to the game farm in Vaalwater. Only small groups of students are accommodated at a time and this allows for a hands-on approach and counselling by both Dr Ado and Dr Annatjie Krige. The Vaalwater experience, although intensive, focuses on the transition of the student back to a life outside of the House Regeneration confines.

3) WHY DO WE HAVE A GREATER SUCCESS RATE?

- House Regeneration's programme does not only physically detox the student. It enables a mind-set change and equips them for their new lives by teaching them a biblical lifestyle as well as strict discipline
- We provide three (3), one (1) hour classes each day. These classes range from Biblical Foundation, lectured classes and video teachings by Dr Ado Krige focusing on topics, i.e. Habits of the Mind, Biblical Therapy, Thinking Errors, etc.
- Each student is assigned to a Counsellor for three (3) months where after they rotate to new Counsellors. All our Counsellors use Biblical Therapy to guide the Student in resolving deep routed issues or trauma. Intensive counselling allows for a lifestyle and mind-set change equipping the Student for the future
- Our focus is not only on the student. We provide the parents/sponsors with regular evaluation reports regarding the student's progress. These evaluation reports will at all times state the truth and the behaviour/attitude of the student. We also encourage parents to join our monthly parents' meetings where they can raise issues or ask questions. House Regeneration also offers the parents/sponsors or family members with the option of counselling to ensure the healing of the family unit as a whole
- The shorter programmes offer a quick solution and parents often resort to this option although we recommend the one (1) year programme
- We are often seen as a last stop before prison. Dr Ado Krige has walked this road himself and knows the mind of an addict as well as all the tricks of the trade. On this programme, the student will be forced to face reality and come to grips with him/herself, the damage done and how to move on by becoming a new creation in Christ. Remember ***"The Truth shall set you free!!"***